Is Your School



IVAS:



Ages 9 thru 16 7 Week Camp **14 Lessons Nutrition** Striking **Blocking BCBA Tee Shirt** 1 Mth Free Gym



NEXT SELEDEENS FORMP4/11/23

CAMP IS LIMITED TO 10 KIDS | BOYS & GIRLS

CAMP MEETS TUE & THUR | 5PM - 6PM

ALL STUDENTS LEARN BASIC NUTRITION HAND STRIKES DEFENSE STANCE BLOCKING TRAPPING

SELF DEFENSE SELF CONFIDENCE **SELF RELIANCE & RESPECT FOR LAW & ORDER**

CAMP TEACHES

SPONSORED IN PART BY THE

RK VETERAN POLICE ASSOCIATION

(631) 412-3686 | 700 Albin Ave. West Babylon, NY | BCBA.info Around Back of Maryhaven Building | Our Lady Of Grace Church





FOR YOUR





BCBA is an ALL VOLUNTEER nonprofit 501-C3 organization devoted to providing quality sports, fitness and Veteran Service programs to the community in which it operates. Since 2004, BCBA has been serving Long Island by providing a clean, safe and structured facility that offers well-rounded programs designed to give people the skills they'll need to become Champions in Life! Your support of BCBA and ALL of its programs is essential for it to continue doing the great work it does.