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Bettinelli's Community Boxing Academy Makes It Move!

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Building up young people -- in both body and spirit - has been the focus of Bettinelli's Community Boxing Academy since it opened in 2004.

"We give them tools to become champions in life," says director Ray Bettinelli. "There's no pressure to do anything but train like a champion. No one is forced into the ring."

BCBA is a nonprofit, two-month course for kids between 10 and 17 that includes one-hour sessions twice a week on Tuesdays and Thursdays called D.R.I.F.T. (Devotion, Respect, Integrity, Fairness, Temperance) Youth Empowerment Program at the Westbrook Elementary School, 350 Higbie Lane in West Islip.

Kids are taught the proper boxing stance, six punches (jabs, hooks, uppercuts) and defense strategies by certified USA boxing coaches.

"We don't let the kids use the word 'fight' in the gym. We don't fight, we box. There's a big difference," says Bettinelli. "It's a good, solid, structured, clean, safe environment that they gravitate to."

D.R.I.F.T. graduates get a free gym membership they can use until they are 18. Those who show promise can work toward competing.

Find them at 350 Higbie Lane West Islip, NY 631-412-3686 and online at www.BCBA.info



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BCBA is a recognized ALL VOLUNTEER 501(C)(3) nonprofit organization (Community Boxing Center, Inc.) devoted to providing quality sport and fitness programs to the community in which it operates.

Since 2004 BCBA has been serving the greater Lindenhurst community by providing local youth with a clean, safe and structured facility that offers well-rounded programs designed to give kids the skills they'll need to become Champions in Life! Your support of BCBA and its programs is essential for it to continue doing the great work it does.

The basis of its Youth Empowerment Programs is character building. They are designed to help kids turn away from crime, drugs and gang involvement by encouraging them to D.R.I.F.T. towards success. Through sport and fitness programs D.R.I.F.T. teaches the natural virtues of Devotion, Respect, Integrity, Fairness and Temperance!