



D.R.I.F.T. Program Overview

This program is designed to help kids turn away from crime, drugs and gang involvement by encouraging them to **D.R.I.F.T.** towards success! The basis of this program is character building.



Through the sport of boxing **D.R.I.F.T.** teaches the natural virtues of **Devotion, Respect, Integrity, Fairness and Temperance!**

D.R.I.F.T. challenges a student's physical limits as well. It is designed to help improve cardiovascular strength, emotional steadiness and self-confidence while teaching the importance of being able to stand up for one's self.

Our **D.R.I.F.T.** program is broken into 3 phases: RED, WHITE & BLUE. The first two phases of **D.R.I.F.T.** are run consecutively over a 7-week period. The RED & WHITE phases are comprised of 14 sessions, two class per week during the 7-week period (Mon. & Wed. and Tue. & Thur. 4pm - 5pm and 5pm -6pm). Each 14 lesson session is limited to only 10 students, this insures students get the quality instruction they need and the attention they

deserve.

Only students that successfully complete the Red & White phases of **D.R.I.F.T.** move onto the Blue phase. NO ONE moves on to the BLUE phase without first successfully completing both the RED & WHITE phases of **D.R.I.F.T.**!

Our **D.R.I.F.T.** program is offered to local youth age 10 to 17. There is one time \$395 registration fee that covers instruction, student's equipment (hand wraps and bag gloves) and promotional packet, which contains:

- BCBA Bumper Sticker
- Student Commitment To Excellence Contract
- Program Rules & Regulations
- BCBA Membership Wristband & Tee Shirt (Received Upon Completion of All 3 Phases of D.R.I.F.T.)
- Student Workout Chart - To Record A Students Progress

During the 7-week period that makes up the RED & WHITE phases of **D.R.I.F.T.** students are challenged both physically and mentally. Each class begins and ends with an interactive discussion between coaches and students. During these sessions coaches solicit feedback from students while encouraging them to succeed.

Occasionally students are given a weekend assignment. Assignments are based on the principals of **D.R.I.F.T.** and are designed to reinforce the natural virtues of Devotion, Respect, Integrity, Fairness and Temperance! Assignments may be as simple as looking up in a dictionary the meanings of the words that spell **D.R.I.F.T.**, to donating an extra hour of their time to help someone in need.

Coaches ascertain whether a student completed their weekend assignment during the opening Q&A session of the following Monday class. Though weekend character-building assignments are simple in nature, they must be completed if a student is to successfully complete the **D.R.I.F.T.** program. Some **D.R.I.F.T.** sessions will end with a physical challenge and test. These challenges are designed to chart a student's progress as it pertains to their fitness level and boxing fundamentals.

After successfully completing both the RED & WHITE phases of **D.R.I.F.T.**, students receive a certificate of completion, tee-shirt and an official BCBA membership wristband. They then move onto the BLUE phase of the program. Blue students meet Mon - Fri 6pm - 7pm. This final phase of **D.R.I.F.T.** is intended to bring together the knowledge students have gained from the RED & WHITE phases. The BLUE phase hones the boxing skills learned in the prior phases of **D.R.I.F.T.** and preps a student for competition (if they and their parents so desire).

Graduating from the BLUE phase comes with a host of benefits including:

- The ability to compete (if they so desire) for Team BCBA.
- As a BLUE student you are offered advanced boxing instruction by Team BCBA's advanced boxing staff.
- BLUE students are able to continue training at BCBA anytime during normal operating hours FREE of charge until they are 18 (excluding those hours set aside for our **D.R.I.F.T.** program).
- BLUE students are eligible to join Team BCBA on a host of outside activities. Field trips to Museums, Music Events, Science Fairs and Sporting Events are all offered to BLUE students.
- BLUE students have access to our computer learning center and all the offered state of the art courses including:
 - A+ Certification

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- Using MS Office Suite
- Video Editing
- Website & Graphic Design
- Graduate Equivalency Diploma (GED) Assistance
- and More.
- BLUE students are eligible for an annual BCBA scholarship. Each year BCBA awards a scholarship to the BLUE student who has shown exemplary progress in their schoolwork, training, and attitude.

Graduating from the BLUE phase comes with an added level of responsibility as well. At BCBA a BLUE Student is considered a leader. He/she must conduct himself/herself in a manner equal to that of a champion!

- No horsing around or foul language will be tolerated.
- BLUE Student must show a willingness to help others whether at BCBA or away from our gym.
- BLUE Students must donate a small amount of their time each month to participate in BCBA Outreach. These events include:
 - Helping serve those less fortunate be it at a local shelter or church.
 - Helping clean up a local public park or monument.
 - Assisting a local merchant or resident with graffiti or snow removal etc.

A BLUE Student may lose his/her gym privileges/status if BCBA is notified of behavior that is insubordinate or unbecoming of a BLUE student whether at home, school or in our community.

BCBA enforces a strict "3 Standing 8 Counts and You're Out" policy! All BCBA coaches have the ability to admonish students with a rule breaking Standing 8 Count. At any time during class, while at BCBA, home, school or within the community if a student of BCBA is hit with 3 Standing 8 Count offenses he/she can be suspended or expelled from the gym / program.

Standing 8 Count Offenses Include But Are Not Limited To

- Missing a scheduled class.
- Using foul language.
- Stealing from the gym or other students.
- Disrupting a class or a fellow student's workout.
- Not returning gear to its proper places.
- Disobedience towards a coach, parent or peer.
- Showing disrespect towards a coach, teacher, parent, fellow student or community resident.

Offenses That Can Result In Immediate Expulsion From BCBA Include But Are Not Limited To

- Smoking.
- Drinking alcohol.
- Using drugs.
- Gang participation.
- Destruction of property (whether at BCBA, School, Home or in the Community).
- Bullying.
- Engaging in any conduct unbecoming of a BLUE student.

Though this is just an overview of our program, **D.R.I.F.T.** is an intense and highly structured course designed to help youth turn away from gang involvement, addiction and delinquency.

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BCBA is now accepting pre-registration enrollment for our **D.R.I.F.T.** classes (for those 10 to 17). Enrollment is limited to 10 students. Students are accepted on a first come - first serve basis with our local community being served first. Pre-registration reserves your child a spot in our program. Pre-registered enrollment becomes valid when official enrollment paperwork is completed and program's \$395 registration fee is paid. Pre-registered students will be notified via e-mail or phone when our upcoming class is to begin. If official enrollment application and registration fee for a pre-registered student have not been received within 2 weeks of notification, their enrollment slot will be offered to a waiting student.

Questions contact Coach Ray at (631) 412-3686

PRE- REGISTRATION FORM

Student's Last Name	First Name
Address	City State Zip
Students Age	Students DOB Sex
Parents Name	
Address	City State Zip
Parents Home Phone	Work Cell
Email Address	
Student's Athletic Interests	
Student's Health Concerns	
School Currently Attending	
Parent or Guardian's Signature	